



The Portsmouth Department of Behavioral Healthcare Services (PDBHS) Advisory Board held their monthly meeting on Wednesday, March 7, 2018 at 1811 King Street, at 4:30pm in Portsmouth, Virginia.

Members Present

Paul Bell, Chair
Dr. Marie Shepherd, Vice Chair
Denise Key
Dorescia Paige, Secretary
Pastor Milton Blount

Absent Members

Katrina Drew
Margaret Mills

Staff Present

Elaine Breathwaite, Director
LaTonya Williams, Assistant Director
George Ennels, Acting Clinical Manager
Cherie Lassiter, Administrative Coordinator
Karen Nicely, Clinical Manager – Emergency Services

Called to Order

The Chair called the meeting to order at 4:49pm.

Review Minutes

The board reviewed the March 7, 2018 minutes. Dr. Shepherd motioned for the minutes to be approved. Pastor Blount motioned for the second and the board majority voted in agreement.

Director Updates

- Director's updates were presented by Ms. LaTonya Williams, the Assistant Director in Ms. Elaine Breathwaite's absence.
 - ✓ Rebuilding the Youth Coalition
 - ✓ The Peer Recovery Specialists visited the city libraries to distribute and post Warline information
 - ✓ An update on staff arriving in April
 - ✓ Upcoming Summits
 - Working on summits, marketing and developing a public relations plan to get the word out about the upcoming summits
 - Hope Community Awareness Summit at the Renaissance Hotel on April 17, 2018 from 5:30pm – 8:30pm - In an effort to increase awareness to the community of Portsmouth the summit will offer information on addiction, suicide prevention, mental illness, stories of recovery and breakout sessions – free to the public, dinner with panel discussion. RSVP required.

Department of Behavioral Healthcare Services

- Peer Recovery Summit for Professionals at the Edmonds Center in May – more information to come
- ✓ Ms. Williams gave an update on HPR-5 Regional Opioid Grant and Medication Assisted Treatment grants
 - Ms. Williams discussed that BHS increased the awareness of our Peer Recovery Services and residents are utilizing the Warmline. The Peers have presented to Lead Physicians and four Emergency Department staff members - during a weekend shift on the Warmline and Peer Services at Maryview Bon Secours Hospital. The agency received additional money from the State because our Opioid services exceeded expectations. PDBHS has been asked to do a presentation at the Virginia Association of Community Services Board on our Peer Recovery Program.
 - BHS held the first Medication Assisted Treatment group on the SAMSHA Crisis Action Plan with those on the grant in February. The group will meet every other week to complete 4 session with the 13 participants on the grant. First group had nine in attendance. There are resources available to the participants (transportation, housing, medical support and other types of support).
 - Board members asked questions about both grants and were impressed with the agency's role in the success of the grants.

Old Business

- Mr. Ennels informed that the Tele-Psychiatry is on hold.
 - Mr. Bell offered to setup a scheduled real-time session at the Portsmouth City Jail for BHS.

New Business

- Mr. Bell mention that there is a Radio Station that could broadcast information on BHS upcoming summit
- Dr. Shepherd spoke about potential grants available for the school system
 - Discussed best practice when dealing with parents
- Discussed changing the time for the monthly Advisory Board meetings.
 - Ms. Paige motioned for the current meeting time of 4:30pm not be changed. Ms. Key motioned for the second and the board majority voted in agreement.

Next Meeting/Adjournment

Dr. Shepherd motioned for the meeting to adjourn. Pastor Blount motioned for the second and the board majority voted in agreement. The meeting adjourned at 5:48pm. Refreshments were made available before and following the meeting. Our next meeting is scheduled for April 4, 2018 at 4:30pm.

Respectfully submitted,

Paul E. Bell, Chairman

for
Dorescia Paige
Secretary