



The Portsmouth Department of Behavioral Healthcare Services (PDBHS) Advisory Board held their monthly meeting on Wednesday, May 8, 2019 at 1811 King Street, at 4:30pm in Portsmouth, Virginia.

Members Present

Dr. Marie Shepherd, Chair
Dorescia Paige, Secretary
Pastor Milton Blount
Charlene Chavis

Council Liaison

The Honorable Paul J. Battle

Staff Present

M. Elaine Breathwaite, Director
Latonya Williams, Assistant Director
Cherie Lassiter, Administrative Coordinator II

Absent Members

Denise Key, Vice Chair
Sean Prince

Called to Order

The Chair called the meeting to order at 4:41pm.

Review Minutes

The board reviewed the April 3, 2019 minutes. Pastor Blount motioned for the minutes to be approved with a second by Ms. Paige. The board approved unanimously.

Updates

- Dr. Shepherd started the meeting by welcoming a new Advisory Board member Ms. Charlene Chavis.
- Director's updates were presented and all handouts discussed by the Director, Ms. M. Elaine Breathwaite:
 - ✓ Ms. Breathwaite will be given a presentation during the next board meeting on updates from the State. This presentation will cover:
 - Same Day Access (3 hour process that includes financial, medical and mental health assessments)
 - Daily Living Assessment (DLA) – 20
 - Primary Care Assessment – doctors and nurses available to check consumer's vitals and to follow-up
 - Agency challenges outline clearly
 - Salaries competitiveness
 - Where the agency is in meeting the mandates from the State.
 - ✓ State reducing CSBs money throughout the year
 - ✓ Tracking new Medicaid consumers – Medicaid will now coverage methadone treatment
 - CSBs competing for consumers who can now receive methadone treatment with private providers
 - ✓ The agency's workforce is down about 22% and have been aggressively recruiting for full time staff that will eventually lead to a reduction of part time staff.
 - ✓ There are several grants available to the agency that are being pursued that will:
 - Continue to provide assistance with the opioid epidemic

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- Proposal to increase staff salary and to hire more staff
- ✓ Ms. Breathwaite mentioned to the board members that the Part C program is in need of educators. Dr. Shepherd volunteered to research to find some suitable candidates.
- ✓ The VACSB Conference was attended by Ms. Breathwaite, Ms. Williams and Ms. Paige and discussed the sessions in detail:
 - Person-centered agency - Motivational Interviewing
 - Mobile Crisis Overhaul for all CSBs
 - Comprehensive needs assessment
 - Children's Services and Case Management
 - Barrier crime
 - Leadership Qualities and Ethical Leadership
 - Introducing several pilot programs over a 15 year period to include several CSBs input that is gear to help shape all programs within each CSB to function cohesively.
- ✓ The Youth Summit is scheduled for this Saturday, May 11, 2019 and will be located in the parking lot of Behavioral Healthcare Services.
- ✓ Ms. Williams went over all the upcoming events that the Prevention Team is putting together for the community.
- ✓ All agency audits (CARF and State Financial) final reports included a few areas of concern and made suggestions to some of the programs. The auditors gave praises to the staff and the overall audits were a success for the agency receiving another 3 year accreditation from CARF.

Old Business

- No old business discussed.

New Business

- No new business was discussed.

Next Meeting/Adjournment

The meeting ended at 5:50pm. Refreshments were made available before and following the meeting. Our next meeting is scheduled for June 5, 2019 at 4:30pm.

Respectfully submitted,

Dorescia Paige
Secretary

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