



The Portsmouth Department of Behavioral Healthcare Services (PDBHS) Advisory Board held their monthly meeting on Wednesday, May 23, 2018 at 1811 King Street, at 4:30pm in Portsmouth, Virginia.

Members Present

Paul Bell, Chair
Dr. Marie Shepherd, Vice Chair
Denise Key
Pastor Milton Blount
Margaret Mills
Katrina Drew

Absent Members

Dorescia Paige, Secretary

Staff Present

Elaine Breathwaite, Director
Mary Darden, Substance Use and Prevention Program Administrator
George Ennels, Interim Clinical Manager
Cherie Lassiter, Administrative Coordinator
Karen Nicely, Clinical Manager – Emergency Services

Called to Order

The Chair called the meeting to order at 4:50pm.

Review Minutes

The board reviewed the March 7, 2018 minutes. Pastor Blount motioned for the minutes to be approved. Ms. Key motioned for the second and the board majority voted in agreement. The board also reviewed the April 4, 2018 minutes. Ms. Key motioned for the minutes to be approved. Pastor Blount motioned for the second and the board majority voted in agreement.

Director Updates

- Director's updates were presented by the Director Ms. Elaine Breathwaite
 - ✓ Ms. Breathwaite introduced Ms. Mary Darden to our agency as our Substance Use and Prevention Program Administrator. Ms. Darden is a Licensed Professional Counselor, Licensed Substance Abuse Treatment Practitioner and a Certified Substance Abuse Counselor with a Master's degree in Community Counseling. She has 13 years of directly related substance use outpatient treatment experience along with 5 years of clinical supervision experience. Ms. Breathwaite also introduced Ms. Margaret Mills as a new Advisory Board member.
 - ✓ Presented the Board with the Public Services Announcement videos created for the agency to increase Suicide Opioid, and Peer Recovery Awareness. These videos will be

seen at the Cinemark Chesapeake Square theaters for a year. The board members viewed the pictures of the Opioid Addiction Warmline Billboards.

- ✓ The Board watched a short video featuring the agency's Peer Recovery Specialists on Channel 3 News. The Peers were informing the public of the positive impact Peer Recovery Specialists can have on people who are seeking recovery. The Peers have fought and survived addiction, suicide and mental illness and understand how to connect people to different resources, housing and of course treatment.
- ✓ Reviewed the monthly report with board members
- ✓ Peer Recovery Summit for Professionals at the Edmonds Center on May 21, 2018 was a success. Dr. Shepherd praised the event and Pastor Blount explained to the Board what he learned about Peer Support Services.

Old Business

- Mr. Bell requested an update on the Behavioral Healthcare Annual Report for 2017.

New Business

- The board requested information about Children's Mobile Crisis and the screening process for Central Intake and Emergency Services.

Next Meeting/Adjournment

The meeting ended at 5:44pm. Refreshments were made available before and following the meeting. Our next meeting is scheduled for June 6, 2018 at 4:30pm.

Respectfully submitted,

Paul E. Bell, Chairman

for

Dorescia Paige
Secretary