

The Portsmouth Department of Behavioral Healthcare Services (PDBHS) Advisory Board held their monthly meeting on Wednesday, July 11, 2018 at 1811 King Street, at 4:30pm in Portsmouth, Virginia.

## **Members Present**

Dr. Marie Shepherd, Acting-Chair Dorescia Paige, Secretary Denise Key Margaret Mills Katrina Drew

## **Absent Members**

Pastor Milton Blount

# **Staff Present**

Elaine Breathwaite, Director Carey Savage, Utilization Manager

## Called to Order

The Chair called the meeting to order at 4:48pm.

# **Review Minutes**

The board reviewed the June 6, 2018 minutes. Ms. Key motioned for the minutes to be approved. Ms. Paige motioned for the second and the board majority voted in agreement.

## **Director Updates**

- Director's updates were presented by the Director Ms. Elaine Breathwaite
  - ✓ Ms. Breathwaite spoke about Medicaid Expansion
    - The State will reduce their funding to all Community Service Boards (CSBs) on January 1, 2019, based on "new" expected funding. The State is anticipating an influx of funds to CSBs due to Medicaid Expansion and it will impact CSBs in areas noted below:
      - State fund reduction.
      - Additional staff is needed to provide services to eligible Medicaid residents. PDBHS will work with Human Resource Management and City Manager to prepare for an increase in need for services.
      - More accountability to provide accurate billing and documentation.
    - o PDBHS is preparing for expansion.
    - Submitted a report to City Manager regarding additional needs to meet Medicaid Expansion and State mandates.
    - The State met with all CSBs Executive Directors to discuss the impact of State mandates and Medicaid Expansion.
    - Delegate Matthew James and the Portsmouth Health Department held a Town Hall Meeting held in Portsmouth at Fourth Baptist Church on June 30, 2018.
      - Delegate James discussed funding and expected impact regarding Medicaid Expansion.

- They also informed us with information regarding obesity diabetes, high blood pressure and death based on where you lived.
- ✓ Carey Savage, the Utilization Manager for PDBHS discussed the implementation of Same Day Access (SDA) through Management Training Measurement (MTM)
  - o SDA is a walk-in clinic approach to access to care design to improve treatment outcomes based on the immediate need of the individual. Each walk-in will be seen by a mental health clinician the same day.
    - It is designed to provide the tools and resources to make access to care more timely.
    - Address revenue losses due to no-show appointments.
    - Institute performance improvement measures across the board.
  - Mr. Savage went over the timeline of the implementation process, streamlining documentation, walk-in access models, collaborative documentation and no-show management
  - PDBHS staff did a training on collaborative counseling which is required for Same Day Access to be implemented.
  - The agency has created an Office Setup Plan to reorganizing our offices to better serve consumers for SDA
- ✓ Jacqueline Scales, PDBHS Fiscal Administrator, will give a presentation on the agency FY2019 Performance Contract
- ✓ An statement from the Commissioner of the Virginia Department of Behavioral Health and Developmental Services was reviewed
  - o Behavioral health delivery system needs to be transformed.
  - o The goals is for all CSBs to look the same.
  - Reforming the system with System Transformation Excellence and Performance (STEP-VA) by 2021
    - It is a based on a national best practice model that requires the development of a set array of deliberately chosen services that make up a comprehensive, accessible system for those with serious behavioral health disorders.

# **Old Business**

- Board members spoke about the process of electing an new Advisory Board Chair
  - ✓ Will follow up with Portsmouth City Clerk

MS.Ed, LMHP-R

#### **New Business**

No new business was discussed.

## Next Meeting/Adjournment

The meeting ended at 6:15pm. Refreshments were made available before and following the meeting. Our next meeting is scheduled for August 15, 2018 at 4:30pm.

Respectfully submitted,

Doroscia Paige

Secretary